**Source: Dinner Menu**

**Analysis Routine**

1. How many courses are in this meal? Describe one of the courses. Use as many adjectives as you can to express what you think the food was like to eat. An adjective is a word that describes a noun or a pronoun.

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1. Why do you think a guest of the Washingtons, such as Abigail Adams or Amariah Frost, would write a detailed description about what they were served to eat?

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1. List the people that you know about who grew, prepared, and served the food to the guests in the Washingtons’ Dining Room.

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**Menu for Dinner-Summer at Mount Vernon-1797**

**1st course**

Small Roasted Pig

Boiled Leg of Lamb

Roasted Fowles (bird)

Beef

Peas

Lettuce

Cucumbers

Artichokes

Bread

**2nd course**

Crèmes

Tarts

Iced Creams

Fresh plums and pears

Dried fruits and nuts

*Menu based, in part, from a diary entry by Mount Vernon guest Amariah Frost who visited on June 16, 1797.[[1]](#footnote-1)*

1. Amariah Frost, diary entry for 6/26/1797 (typescript, Mount Vernon Ladies’ Association, black research notebook entitled “Early Descriptions Ante 1800”). [↑](#footnote-ref-1)